



Camp Sunshine is an initiative of:



Lakeland  
FAMILY RESOURCE NETWORK



Cornerstone



Camp Sunshine is a **bereavement** Day Camp for children who have experienced the death of a significant person in their lives. It is a fun and safe place for children from ages 7 to 12 to explore their grief and learn tools to help them cope in their daily lives.

July 8, 9, 10 & 11, 2024

9:00 am - 3:00 pm

♥ Sharing ♥ Learning ♥ Remembering

Connect with us for details  
Deadline to register is May 31!

780-645-5311



## What happens at Camp Sunshine?

It's much like a regular summer camp program with the addition of special activities geared to help children tend to their grief.



### Activities Included:

- Nature hike
- Soccer
- Outdoor games
- Arts & crafts
- Air guitar
- Lunch
- Snacks
- Campfire



### ALSO...

- Sharing circles
- Learning about grief
- Learning coping skills
- Activities to remember your loved one
- A special closing ceremony with invited family members
- And more!



## Camp Registration



Thanks to the generous support of our community, Camp Sunshine is offered FREE of charge to children in our area, and located at The Reunion Station in St Paul.

### To register a child:

1. Pick up the registration package at either Regional FCSS office, 5002-51 Ave St Paul, 4906-48 St Elk Point or your child's school.
2. Complete and return it no later than FRIDAY May 31, 2024.

**Our camp goal is to give children tools to share experiences, express themselves in healthy ways, remember and honour their loved ones, and provide encouragement and hope for the future,**

**AND... to have FUN at the same time!!**

We are happy to help answer questions or go through the registration forms with you. Call 780-645-5311 for more information. There is limited enrollment, so please register early.